

THE HOME



OF CYCLING

Parental Consent Form

It is necessary to obtain your consent for your child to take part in a Quench Cycles cycling activity. If you wish your child to participate, please complete this form and return it to the person organising your event. If you require any further information, please do not hesitate to contact us.

Notes:

Cycling is considered a hazardous activity, which may result in serious or fatal injury. Helmets are provided and must be worn at all times. To ensure suitability, we can provide bikes. If you particularly wish for your child to use their own bike, it will be subject to a safety check prior to the ride and should have gears.

BMX style bikes aren't suitable due to the nature of the track. If deemed unsuitable, for the benefit of the whole group, we may not be able to carry out repairs immediately, however you may hire a bike. It should also be noted that whilst guides carry some spare parts and tools, they are specific to our bikes. If participants are riding their own, guides may not be carrying spare parts specific to your child's bike. Where a guide effects a repair to a personal bike during a ride, this will be charged at our advertised rates. If a repair can't be made to a personal cycle, we will endeavour to replace their cycle with one of our own, which will be charged for the full duration of the ride.

Your child will be led on a group ride with a guide within a traffic free environment. Guides are experienced cycle leaders, CRB checked and are mechanically and 'wilderness first aid' trained.

The aim is for the ride to be fun, exciting and challenging for both newcomers and more experienced riders. Whilst guides will endeavour to adapt the ride to the abilities and experience of the group as a whole, it should also be noted that the ride may include fun and games, a skills area and riding over rough ground on mountain bikes which will include hills.

Participants must be a minimum age of 8 and must be able to fit and ride on a child's 20" bike (4ft 6 / 125cm).

The ride will require a knowledge and experience of using brakes and gears and is not considered suitable for nonriders.

Participants may be wet and muddy. Please ensure that your child wears appropriate clothing and footwear and that they bring a change of clothing with them.

Cycling is a physical activity, which your child should be fit to undertake. If in doubt, we advise that you should seek medical advice to confirm suitability. Please advise us of any prevailing medical conditions, which may effect your child's riding ability, and ensure that appropriate medication is provided.

We also from time to time take photos or video of children during parties which we might publish on our website or in promotional material. Please make sure you also sign the section relating to this on the consent form.

Normal terms and conditions apply. Please contact us if you require a full set of terms and conditions to be sent.



QUENCH CYCLES
Bedgebury Visitor Centre
Bedgebury Road, Goudhurst
Kent TN17 2SJ

Telephone: 01580 879694
Email: bedgebury@quenchuk.co.uk
Web: www.quenchuk.co.uk
Opening Times: Open 7 days a week all year.



Parental Consent

I being the parent / guardian of:

.....
have read the information and hereby consent to my child taking part in the event described entirely at their own risk. I have considered the nature of the activity and have discussed them with my child. I am satisfied that my child is sufficiently responsible and competent to assume full and entire responsibility for his or her own safety under the supervision of a Quench Cycles guide.

Signed:

Date:

Participants Details

Name of event:

Date of event:

Name of participant:

Date of birth:

Email Address:

Emergency Contact and Medical Details

Name:

Relationship:

Contact Number:

Email Address:

Medical Conditions / Allergies:

Medication: Please provide on day in sealed bag with name of child clearly labeled and administration instructions if applicable.

.....
If required, I agree to medication / first aid being administered. Yes / No

Signed:

Name:

Photography

I give permission / do not give permission for Quench cycles to take / use any photographic image being video footage or photographs depicting the child named above during the event for advertisements, marketing, leaflets, or any other use such as for training, educational or publicity purposes.

Signed:

Name: